

The Strath Times

June & July 2015

Contact The Strath Times

You can contact us by e-mailing strathtimes@strathpeffervillage.org.uk or telephone Iona Finlayson or Iain Sarjeant on **01997 420012** for editorial contributions Contact Clara Hickey on **01997 421989** for advertising.

Deadline for the Aug/Sep Issue is **Friday 10th July 2015**

Advertising rates

Single issue	Full page £70	1/2 page £40
	1/4 page £25	1/8 page £15

Have you any news?

Strathpeffer Times is always very keen to hear from anyone in the area who has any news to share - so please do get in touch. No matter what event, big or small, send us through the details before it happens or send us information and photographs after it's happened and we'll do our best to feature it.

See the contact details above for how to get in touch.

FREE NEWSLETTER

Your free guide to everything that is happening in and around Strathpeffer



Strathpeffer Fairtrade Guide



Strathpeffer has held Fairtrade Village status since May 2012. One of the criteria is that a percentage of businesses and services offer or use Fairtrade products. The Strathpeffer Fairtrade Group recently carried out an audit in the village and we are delighted to say that we far exceed the criteria, with a total of 22 businesses/organisations signed up to Fairtrade.

The audit has led to the Group producing a dedicated leaflet for the village, to enable both locals and visitors to immediately identify where to find Fairtrade products. The guide features cafés, restaurants and accommodation, as well as retail outlets and community organisations that serve and/or sell Fairtrade products.

We hope the leaflet will raise even more awareness about Fairtrade, and make it easy for people to find Fairtrade products throughout Strathpeffer.

Watch out for the new leaflet; we aim to have it printed by the time summer has arrived!

Strathpeffer Pipe band

Strathpeffer Pipe Band will be performing in Strathpeffer Square on Saturdays at 8.30pm. The performance lasts around 1 hour, with a display of Highland Dancing (weather permitting) from the Marion Munro School of Dance. There is a raffle at half time. Come along and support the band as well as enjoy listening to some traditional Scottish pipe music in the beautiful village of Strathpeffer.





Volunteers Needed for Castle Leod Open Days

The castle is open for 25 days plus to the public and we need more volunteers to help as Guides. On the Open Days the times are 2pm to 6pm. If interested please email cromartie@castleleod.org.uk or phone 01997 421337.

Update on Victorian Day

Unfortunately the Victorian Day has been postponed for this year 2015, but we are planning on holding the event in 2016. A meeting has been organised for Wednesday 24th June at 7.30pm to be held at Strathpeffer Community Centre. One of the reasons for the postponement is because we need more people to help organise the event. We would also like to get some new ideas for keeping it fresh and interesting to local residents and tourists alike. Ideas for next year include the market, more children's activities and a dog competition, but what else do you want. Come along on Weds 24th June and join in the fun.

MS

Multiple Sclerosis Society

MS Ross-Shire Branch is hosting a regular monthly Boccia get together for members, other groups and people in the area.

Have you heard of Boccia?

It's a seated indoor bowling sport, low impact, fun, addictive and suitable for all.

Join us for some competitive fun!

Strathpeffer Community Centre

Saturday 20th June 2015

1pm – 3.30pm

Tea and coffee provided- donations welcome



Register: 01349 864289
rcop@htspinterface.org.uk



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Perfect Gifts For Everyone

Quality gifts to suit all budgets and ages from our giftshop.
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You are welcome to call in and browse at The Pump Room

Email: realsweets@me.com

Tourist Information Point providing information about local attractions, accommodation and services

Friends of the Pavilion

The Friends of the Pavilion are now into their new season of events having had a successful Food and Craft Fair in April and our regular Bingo sessions and Coffee mornings are now under way.

Our Coffee mornings are open to everyone and are held on the last Wednesday of each month from 10 – 12 through to the end of September in the Pavilion Restaurant. Come along and enjoy coffee, cake and a chat for £3.00

Our Bingo sessions are on Thursday evenings at 7:30pm in the Pavilion and are extremely good fun. Dates are 4th June, 2nd July, and 13th August.

This is a must for everyone who loves to sing or who just enjoys a fun night out. On Friday, 10th July we are holding a Summer BIG SING from 7pm – 9pm, which is open to everyone, no experience necessary, just a love of singing. Leaders are Moira Harris and Steve Jones and words and music will be provided for 'The March of the Hebrew Slaves' and the 'Drinking Song' from La Traviata which will set you up in fine fettle for continuing the evening in true Italian style with a glass of Prosecco and some strawberries (included in the ticket price). Tickets are available from the Pavilion Box Office. 01997 420124

Bonhams valuation day Tuesday 23rd July 13.00 – 19.00 why not bring your treasures along to the Strathpeffer Pavilion and have them valued by the renowned auctioneers Bonhams. There will be a charge of £3 per item and the maximum number of items is three per person. All proceeds go to raise funds for the Pavilion. August 8th we will be holding a Bottle stall at the Strathpeffer Highland Gathering so hope to see you there. Donations are always welcome.

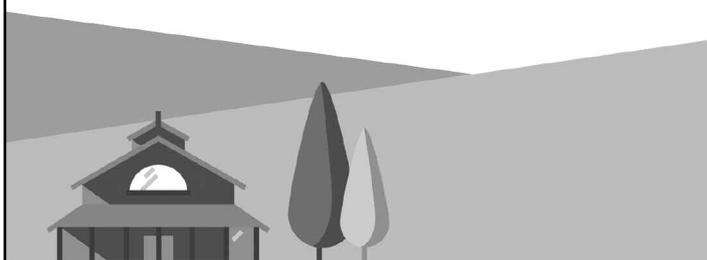
For more Information go to our Facebook page: www.strathpefferpavilion.org/friends-of-the-pavilion or you can contact the Pavilion Office on 01997 420124.



June

Wed	3	The Edibles	10:30am & 1:30pm
Thu	4	Bingo	7:30pm-9:30pm
Wed	10	Calvinball	10:30am & 1:30pm
Thu	11	Budapest Cafe Orchestra	7:30pm doors
Fri	12	Back to the Pav	7pm doors
Wed	24	Friends Coffee Morning	10am-12pm

New
Spring/Summer
Guide out soon!



Box Office 01997 420 124
strathpefferpavilion.org

Pavilion

MUSEUM COFFEE SHOP

Homemade meals and baking served all day

Breakfasts	Light meals
Hot filled rolls	Delicious Soup
Cakes & Traybakes	Snacks



From 1st April we are open 7 days a week
10am – 5pm

Old Victorian Station, Strathpeffer
Telephone 07759 690 459

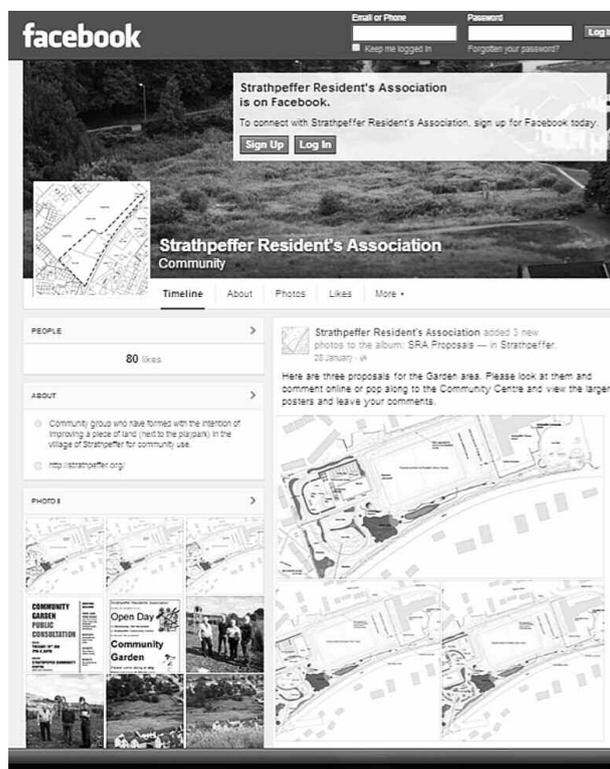
Come & relax in the setting of the
Victorian railway station!

Community Garden update

The feasibility study for the Community Garden is nearing the final stage. Although there has not been any physical work on the garden itself, Strathpeffer Residents Association has been working hard. Here is a brief recap on what we have done so far:

- **Received funding of £10,000 from Investing in Ideas: Big Lottery**
- **Appointed Craignish Design, to carry out the Feasibility Study.**
- **Completed a Habitat survey completed**
- **Meetings with Highland Council officials to discuss project.**
- **Trial pits dug on site of Community Garden to test the soil.**
- **Community Garden Open Day - about 90 adults attend plus all Strathpeffer Primary School pupils.**
- **Feasibility consultant drawing up garden plans with reference to questionnaire returns.**
- **Public Consultation Day - Display of possible garden layouts.**
- **Spring Fair information stall.**
- **Assessment of capital costs and income to cover running costs.**
- **Group of SRA members visit Pine Grove Park, Plantation, Fort William to see Plantation Community Association's development.**
- **Application for SRA to be a SCIO.**

We are now pulling together a business plan and the next stage is to go to the The Highland Council Asset



Management board to put forward our project and hopefully get the go-ahead subject to funding bids. You can keep up-to-date by visiting our Facebook page Strathpeffer Residents Association or our webpage: <http://www.sra.strathpeffer.eu/>



WWW.KEMPO.CO.UK Tel: 0845 838 5156

KEMPO FOR KIDS (7YRS+) & TEENS

The Martial Art of Kempo is not just about youngsters learning Self-Defence.
We also teach fitness, discipline, anti-bullying skills, respect and confidence!

**STRATHPEFFER COMMUNITY CENTRE, MONDAYS,
4.30PM – 5.30PM**

Come along for a free trial lesson with Black Belt Instructors!

EMBRACE

LOVELY THINGS

EMBRACE SHOPPING!

TAKE YOUR TIME TO BROWSE & CHAT
BEAUTIFUL GIFTS FOR THE PEOPLE YOU LOVE.
JEWELLERY, SCARVES, BAGS, CANDLES, CERAMICS.
PLUS LOTS OF ORIGINAL CARDS & POSTCARDS.

FROM MAY THROUGH TO OCTOBER
OUR SUMMER OPENING HOURS WILL BE:
WEDNESDAY – SATURDAY 10AM – 5PM
SUNDAY 12NOON – 4PM

PLEASE VISIT US ON FACEBOOK FOR UPDATES:
WWW.FACEBOOK.COM/EMBRACEGIFTS

EMBRACE IS THE NEW GIFT SHOP
AT THE OLD STATION, STRATHPEFFER.

PROP: JANICE URQUHART TEL: 01997 421133



Community Link

Some residents will remember that Strathpeffer Community Council carried out a feasibility study into a cycle/walking path between Strathpeffer and Dingwall using the old railway line. This project has had one issue with regards to land access but there is a new willingness on the part of the Community Council and even better some local residents who want to take this forward. The project was also discussed at the recent Lesley Riddoch event and an email will shortly be

sent out those people who showed an interest. If you haven't given your email address but are willing to add your weight behind the project, please email: clara.hickey@hotmail.co.uk There is also a copy of the feasibility study, with the various routes highlighted, available at the Community Centre for people to view.



Here comes the summer...

The unseasonal cold weather over the past month has not stopped the Community Centre from working on our Kids Summer Activities. Planning lots of activities for the young and old including our baby sessions, crafts, music, cooking, ballet and sports. Look out in the school bag drop for more information in mid June.

Remember to check the village website
www.strathpeffer.org
 For all your news and what's on in the area



COUL HOUSE HOTEL

Deliciously Relaxing

Afternoon Tea	11 am – 5 pm
Lunch	12 noon – 2.30 pm
Dinner	6.30 pm – 9.30 pm
Soup & Sandwiches	11 am – 10 pm

****Still Recruiting for Seasonal Staff****



Coul House Hotel - In The Hills Above Contin - 01997 421487
www.coulhouse.com (only 5 minutes drive from Strathpeffer)



Marion Taylor Mcfhp Mafhp

Foot Health

Professional Practitioner

- Corns, callus and hard skin removal
- Verruca treatment
- Rheumatoid and diabetic specialist foot treatment
- Nail trimming and nail reducing
- Split nail and heel fissure treatment

HOME APPOINTMENTS
DAY, EVENING OR WEEKENDS
PROFESSIONAL TREATMENT ASSURED

01997 414355 . Mobile: 0788 0773342

Email: strathmore7@btinternet.com

Fair Trade and locally produced gifts,
 crafts, food and more.



* Lots of beautiful new stock in for 2015 *

Opening Hours

Monday - Thursday 10am-5pm, Friday closed
 Saturday 10am-5pm, Sunday 12pm-4pm



Victorian Station,
 Strathpeffer
 Tel 01997 420074
info@greenkite.co.uk
www.greenkite.co.uk



MS Ross-Shire Branch is hosting a regular monthly Boccia get together for members, other groups and people in the area.

Join us for Boccia Tournament

It's a seated indoor bowling sport, low impact fun, addictive and suitable for all.



We will be raising funds for MS Ross-Shire Branch

Come along to the Cake Break

* Home baking sales

* Cake Card & Raffle (£1 a square)

* Kids Cake decorating

* Bring a cake to be judged

Baking & Raffle donations gladly accepted

Strathpeffer Community Centre

Saturday 30th May 2015

10am – 3.30pm

Register: 01349 864289
rcop@htspinterface.org.uk



RCOP Highland

Supported by:



Raising money for Nepal Earthquake disaster

The Strathpeffer community and visitors to the village have responded very generously to the terrible devastation and suffering caused by the earthquakes in Nepal.

Through a soup lunch, bring and buy sale and home baking sale, combined with two Sunday collections at Fodderty & Strathpeffer Parish Church, £1400.00 has been raised to support relief work in Nepal.

The money has been sent to MercyCorps, a charity that has worked extensively to relieve suffering and improve lives in areas of natural disaster, poverty and conflict.

Community Art Fair Review

The fifth Strathpeffer Community Art Fair was held in the middle of May and again produced some amazing pieces of art. The preview on the Friday evening was for artists as a way to celebrate the work that they had achieved. Over 100 paintings were on display to the public with everything from pencil drawings to oils up for grabs. Visitors were able to view and purchase paintings, cards and refreshments from our café. A big thank you to all the volunteers who helped set it up, provided the baking and sold the paintings. Another great community event!



Pavilion

VENUE, BAR & EATERY

Now open Wed-Fri (11am-9pm) and Sun (12-4pm), why not come visit the **Pavilion Restaurant** in Strathpeffer.

Telephone 01997 420124

Find out more at strathpefferpavilion.org

Bit of a foodie? Search #strathpavilion and take a look at what our chef's serving up today...



Ross County Cricket Club

Ross County Cricket Club is a small, friendly and ambitious cricket club plying at the beautifully picturesque Castle Leod in the grounds of the Earl of Cromartie's estate.

We have been at Castle Leod since 1902 following the merger of the Dingwall and Strathpeffer cricket clubs.

Whilst there are cricket clubs further north in Scotland, we have the distinction of being the most northerly club involved in regular league cricket on both a Saturday and Sunday (between April and September); we most definitely can boast the most northerly junior section in the UK!



Drawing members from across Ross-Shire, Sutherland, The Black Isle and as far south and west as Skye we have a huge player base and strong links with both local primary and secondary schools and some further afield too.



In recent years RCCC was a regular winner of the Scottish stages of the National Village Cup and boasts some notable records such as Graeme Carney's league record individual score of 241 last August and the infamous occasion in 1964 when the entire team managed 241 fewer than Graeme as they were bowled out by Elgin CC for nought!

The club runs two teams in the North of Scotland Cricket Association, has an active juniors set-up and social side. We welcome new members of all ages and abilities, whether playing or otherwise, both boys and girls, experts and beginners! Follow us on Facebook or at www.rosscounty.co.uk

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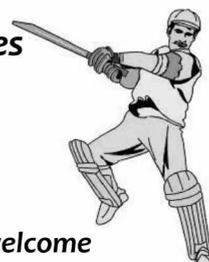


ROSS COUNTY CRICKET CLUB

Castle Leod, Strathpeffer

Cricket for all ages and abilities

howzat?



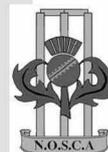
Experienced players & beginners all welcome

Senior Fixtures every Saturday & Sunday
(April—September)

Senior Practice : Wednesdays 6 - 8

For more information contact :

Chris Blake on (07793) 750819



Juniors learn with qualified coaches

Junior Programme

includes Primary Schools League, Summer Holidays
Coaching Camp and Skills Awards

Junior Practice: Mondays: 6:30—8pm

For more information contact :

Neil Cameron on (07794) 303332



Diary of events for June & July 2015

June 2015

Wednesday 3rd June 10:30am & 1:30pm
The Edibles – children's event
Strathpeffer Pavilion

Thursday 4th June 7pm
Bingo Night, community event
Strathpeffer Pavilion

Wednesday 10th June 10:30am & 1:30pm
Calvinball Childrens Event - A rolling play for babies and their families
Strathpeffer Pavilion

Thursday 11th June 7:30pm
Budapest Café Orchestra, Live music
Strathpeffer Pavilion

Friday 12th June 7:00pm
Back to the Pav, Live music
Strathpeffer Pavilion

Saturday 20th June 1pm - 3.30pm
Boccia, seated indoor bowling
Strathpeffer Community Centre

June 20th–23rd 2-6pm (last entry 4.45pm)
Castle Leod Open Days, Adults £7, Children £4

Wednesday 24th June 10:00am - 12:00pm
Friend's Coffee Morning, Community event, Friends of the pavilion
Strathpeffer Pavilion

Thursday 25th June 10am - 4pm
Kid's Soft Play – children's activities
Strathpeffer Pavilion

July 2015

Thursday 2nd July 7pm
Bingo Night, community event
Strathpeffer Pavilion

Thursday 9 July 2015 8pm
Mozart Violin Concerto No 1, Scottish Chamber Orchestra
Strathpeffer Pavilion

Friday 10th July 7pm – 9pm
Summer BIG SING
Strathpeffer Pavilion

July 11th–14th 2pm–6pm (last entry 4.45pm)
Castle Leod Open Days, Adults £7, Children £4

Tuesday 23rd July 1pm- 7pm
Bonhams valuation day
Strathpeffer Pavilion

Wednesday 29th June 10:00am - 12:00pm
Friend's Coffee Morning, Community event, Friends of the pavilion
Strathpeffer Pavilion

To book events at the Strathpeffer Community Centre phone 01997 421989.

Regular events

Please bear in mind that some activities stop over the school holidays.

Mondays

Hung Ga Kung Fu 12.15-1.15pm
with Jen, £5
Crystal House, Richmond Hotel

Qi Gong 1.15-2.15pm
with Jen, £5
Crystal House, Richmond Hotel

Kempo 4.30 pm - 5.30 pm
Strathpeffer Community Centre

Rainbows 4.45pm –5.45pm
Strathpeffer Community Centre

Brownies 6 pm - 7.15 pm
Strathpeffer Community Centre

Guides 7.30 pm - 8.45 pm
Strathpeffer Community Centre

Fitness Session 7.30-8.30pm
Strathpeffer Community Centre

Tuesdays

Under 5s 9.30 am - 11.30 am
Strathpeffer Community Centre

Yoga 12.30 pm - 2.00 pm
Strathpeffer Community Centre

Wednesdays

Mums & Bumps 9.30 am - 11.00 am
Strathpeffer Community Centre

Outdoor Bowling 2.30pm
Strathpeffer Bowling Club

Tennis 6pm—9pm
Strathpeffer Tennis Courts

Yoga 7.30 pm - 9.00 pm
Strathpeffer Community Centre

Tap dancing 8.00 pm - 9.00 pm
Strathpeffer Community Centre

Shimmy - Beginners fun belly dance
6pm –7pm with Sarina, £5
Crystal House, Richmond Hotel

Thursdays

Walking Group 9.45 am
Strathpeffer Community Centre

Craft and Craic 7 pm - 9 pm
Strathpeffer Community Centre

Fitness class 7 pm – 8pm
Strathpeffer Community Centre

Fridays

Under 5s 9.30 am - 11.30 am
Strathpeffer Community Centre

Strathpeffer Singers 10 -12am
Goods Shed at the station, £3
(ring Sally to check venue 01997 423209)

Monday—Friday

Out of School Club 3-6pm
Strathpeffer Community Centre

Saturdays

Strathpeffer Pipe Band, 8.00pm
The Square, Strathpeffer

Sundays

Tennis 10am—1pm
Strathpeffer Tennis Courts

2nd Sunday of each Month - Singing Bowl
Relaxation, 1–2.30pm
With Sarina - Free, donations accepted,
Crystal House, Richmond Hotel