



FREE NEWSLETTER

Your free guide to everything that is happening in and around Strathpeffer



Santa comes to Strathpeffer!

Santa will be visiting Strathpeffer on his sleigh on Wednesday 14th December at 6.30pm and coming to the Pump Room and bringing some goodies to hand out to the children.

There will be the usual mulled wine (non –alcoholic) and mince pies for parents along with Carol Singing which everyone can join in. There will be buckets for donations towards buying the refreshments and goodies for future years. This is a great chance to view the static exhibition in the Pump room and buy some Christmas presents from the Real Sweets and Gift Company.

This is an event organised by volunteers from the village and the Rotary Club, so please support your local community and get into the festive spirit at the same time. If anyone would like to help serve the mulled wine or mince pies or help organise it, please contact Clara at the Community Centre.



Coul woods in snow

Contact The Strath Times

You can contact us by e-mailing strathtimes@strathpeffervillage.org.uk or telephone Iona Finlayson or Iain Sarjeant on 01997 420012 for editorial contributions Contact Clara Hickey on 01997 421989 for advertising.

Deadline for the February/March Issue is **Thursday 12th January 2017**

Advertising rates

| | | |
|--------------|---------------|--------------|
| Single issue | Full page £70 | 1/2 page £40 |
| | 1/4 page £25 | 1/8 page £15 |



Christmas Services in Strathpeffer

CHURCH OF SCOTLAND

Strathpeffer

- **Sunday Dec 18th: 11.00am** Joint Family Service (Rev. F. Erasmus) Nativity
- **Saturday Dec 24th: 6.00pm** Service (Rev. F. Erasmus)
- **Sunday Dec 25th: 10.00am** Service (Rev. F. Erasmus)

Kinlochluichart

Saturday Dec 24th: 4.00pm (James Bissett)

Contin

- **Saturday Dec 24th: 11.15pm** Watchnight Service (Rev. F. Erasmus)
- **Sunday Dec 25th: 11.30am** Communion Service (James Bissett)

As always, all will be made most welcome.

EPISCOPAL CHURCH OF ST ANNE'S, STRATHPEFFER

- **December 25th: 10am** Family Eucharist



Review of exhibition of wedding dresses through the ages

This unusual event took place in the middle of November and had around 30 dresses on loan from the local community. The verdict was great, everyone thought it looked splendid and young and old were eager to see what their neighbours and friends wore on their wedding day. The community centre would like to express their thanks to all the shops and individuals who lent the mannequins for the weekend, it could not of been done without their support – how else would you get 25 mannequins for a weekend! Here are some photos to give you an idea of what went on.



MUSEUM COFFEE SHOP *Homemade meals and baking served all day*

Breakfasts

Hot filled
rolls

Cakes
&
Traybakes



Light meals

Delicious
Soup

Snacks

Winter opening hours: Thursday to Sunday,
10am - 4pm

Over the festive period:

From Saturday 17th Dec – Sat 7th January open every day
except Christmas Eve, Christmas Day and Boxing Day

Closes Sat 7th January and reopens Thursday 26th January

Book now for your Christmas Lunch or Dinner

Old Victorian Station, Strathpeffer
Telephone 07759 690 459

Come & relax in the setting
of the Victorian railway station!

The Peffery Way

Many will have noticed that the Peffery Way by the Victorian Station has been improved courtesy of The Highland Council.

Please take a walk along and let us know what you think. The Association has put forward a planning application to the Council which we should know before the end of the year.



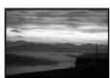
We are planning a community walk on Saturday 7th January starting at 11am at the Victorian Station. We should be out for about an hour and a half and back for mulled wine and nibbles for sale back at the station. A great way to blow the cobwebs away and start the New Year with a healthy walk in the company of the community.



Now on sale at the Community Centre

Price £4 per calendar or 3 for £10

Calendar
2017



Eat fresh and local this Christmas - direct from our croft

Orders now being taken for our dry cured hams, hand made pork pies, specialty sausages and home grown vegetables.

All our food is hand produced on the family croft.
Our veg is organic and our pigs are free range and spotty!



Full details and order form on our website -
www.knockfarrel.com

Or email Jo for details info@knockfarrel.com
or call **07990 524280**

Please order by 12 December for delivery
direct to your door on 22 December



Marion Taylor Mcfhp Mafhp Foot Health Professional Practitioner

Corns, callus and hard skin removal
Verruca treatment
Rheumatoid and diabetic specialist foot treatment
Nail trimming and nail reducing
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**HOME APPOINTMENTS
DAY, EVENING OR WEEKENDS
PROFESSIONAL TREATMENT ASSURED**

01997 414355 . Mobile: 0788 0773342

Email: strathmore7@btinternet.com



WWW.KEMPO.CO.UK

Tel: 0845 838 5156

KEMPO FOR KIDS (7YRS+) & TEENS

The Martial Art of Kempo is not just about youngsters learning Self-Defence.
We also teach fitness, discipline, anti-bullying skills, respect and confidence!

**STRATHPEFFER COMMUNITY CENTRE, MONDAYS,
4.30PM – 5.30PM**

Come along for a free trial lesson with Black Belt Instructors!



Park membership grows

At the last count, there were 82 members of Strathpeffer Residents' Association (SRA)! It is really, good news that so many people have shown their support of the Community Park Project.

You may have seen the display about the Community Park in the Water Sampling Pavilion window in the Strathpeffer Square explaining what we hope to achieve on the waste ground just beyond the school playing field. At the moment the children's park is surrounded by a forest of rosebay willow herb. Children using the equipment can't see beyond the weeds and more importantly they can't be seen either. SRA has been told by The Highland Council that as the equipment wears out it will be taken away. It will not be replaced. In time there will be nowhere in the village for parents to take their children to play... we want to make sure this doesn't happen.

One of the goals for the Community Park is to provide a much, improved play area for young children where there will be seats and benches for adult carers. There will also be facilities for the whole community, teenagers and the adult population, including visitors.



We need as many residents as possible to become members so that we can demonstrate that the community is in favour of the project, so if you haven't already done so please consider joining. Funding organisations will want to see a healthy membership.

- Membership is free
- You don't have to come to meetings
- We are not trying to sell allotments or anything else!

Membership application forms can be found at the Pump Room, McColl's and the hairdressers. Please return paper applications to the Community Centre.

You can also get an electronic one by emailing strathresidents@hotmail.com

Minutes of the Strathpeffer Residents' Association can be found on our Facebook page <https://www.facebook.com/Strathpeffer-Residents-Association-662475203821759/>



PILATES CLASSES

With Karen Powell and Cathryn Cotterill

Strathpeffer Community Centre
Tuesdays 7.30-8.30pm
Thursdays 10.30-11.30am
Dingwall Community Centre
Thursday 12.30—1.30pm

Contact Karen on 07795 465540 for daytime classes and Cathryn on 07522 241728 for evening class. All classes to be booked in advance.

karen_powell_pilates@yahoo.co.uk and cathryncotterill01@gmail.com
Facebook KarenPowell'sHighlandPilatesandNordicWalking
www.karenpowellpilates.com



A new image of the Eagle Stone produced by Alan Thompson, a member of the North of Scotland Archaeological Society using his smart phone and photogrammetry.

We are increasingly using this method to look at details of rock art and Pictish stones. It highlights what a hard time the Eagle Stone has had in the past!



The Real Sweets & Gift Co.

PERFECT GIFTS FOR EVERYONE

Crafts, prints, arts, books
Gifts for him/her & children

Open Weds & Thurs 10 till 5 Fri 2 till 5, Sat 10 till 5, Sun 1 till 4

Sing Christmas, Everyone



A one off singing day on Friday 2nd December for people who love to sing, to get together and enjoy themselves. No need to read music or have a beautiful voice. 10.00 - 16.00 with a break for lunch. £5. This is a not-for-profit community event. 01997 423209 for details. St. James's Church Hall, Castle Street, Dingwall.

Sing Carols Together

An opportunity for all ages to come together to sing some old favourite Christmas Carols. 2.45 - 4 p.m. in St. James's Church Hall, Castle Street, Dingwall £2 per head - children free - profits to charity. Ring 01997 423209 for details.



COUL HOUSE HOTEL

Deliciously Relaxing

Open for lunch, dinner and afternoon tea throughout the Winter. Come and see our fabulous Christmas Decorations!

Why not take a walk to Rogie Falls or the Achilty Forest and stop in to warm up! Even your four legged friend is welcome!

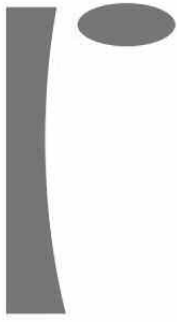
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|-------------------------------|-------------------|
| <i>Festive Afternoon Teas</i> | 11 am – 5 pm |
| <i>A la Carte Lunch</i> | 12 noon - 2.30 pm |
| <i>Soup & Sandwiches</i> | Available all day |
| <i>A la Carte Dinner</i> | 6.30 pm – 9 pm |

Closed December 24th-26th for our own family Christmas
Open December 27th – 29th for Afternoon Teas & Dinners
Closed Dec 30th -1st Jan for Hogmanay House Party

Gift certificates available to fit any budget



Coul House Hotel - In The Hills Above Contin - 01997 421487
www.coulhouse.com (only 5 minutes drive from Strathpeffer)



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Leggatt & Co Accountants

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Winter near Jamestown

Diary of events for December & January 2016/17

December 2016

Friday 2nd, 10am - 4 pm
Sing Christmas, Everyone - £5
St. James Church Hall, Castle Street, Dingwall

Friday 2nd, 2.45 - 4pm
Sing Carols Together - £2
St. James Church Hall, Castle Street, Dingwall

Saturday 3rd, 7.30pm
Dingwall Choral Christmas Concert
Strathpeffer Pavilion

Tuesday 6th - Wednesday 7th
Hansel & Gretel's Wacky Panto
Strathpeffer Pavilion

Friday 14th, 7.30pm
Fashion Show
Strathpeffer Pavilion

Sunday 11th, 4 - 6pm
Christmas Carol Big Sing
Strathpeffer Pavilion

Wednesday 14th, 6.30pm
Santa visits Strathpeffer
Pump Room, Strathpeffer

Wednesday 14th, 8pm
Monthly Film Night
Strathpeffer Pavilion

Sunday 18th, 11am
Joint Linkage Family Service
Church of Scotland, Strathpeffer

Tuesday 20th, 10.30 - 12noon
Messy Nessy - Christmas Party
Strathpeffer Pavilion

Saturday 24th, 10.30am
Church of Scotland Services:
4pm - Kinlochluichart
6pm - Strathpeffer
11.15pm - Watchnight Service, Contin

Sunday 25th, 10am
Christmas Day Service
Church of Scotland, Strathpeffer

Sunday 25th, 11.30am
Christmas Day Communion Service
Church of Scotland, Contin

Sunday 25th, 10am
Family Eucharist
Episcopal Church of St. Anne's, Strathpeffer

Thursday 29th, 8pm
Mànrán- Live Music
Strathpeffer Pavilion

Saturday 31st, 8pm - 1am
Hogmanay Ceilidh
Strathpeffer Pavilion

January 2017

Saturday 7th, 11am
Community walk along the Pefferry Way
Starting at the Victorian Station

Saturday 14th, 12noon - 2pm
Soup Lunch
Strathpeffer Church of Scotland Church Hall

Wednesday 25th, 7.30pm
A Burn's Night Murder Mystery
Strathpeffer Pavilion

To book events at the
Strathpeffer Community Centre
phone 01997 421989.

Regular events

Please bear in mind that **some activities stop during school holidays.**

Mondays

Hung Ga Kung Fu 12.15-1.15pm
Crystal House

Jog Scotland 12.30pm
Strathpeffer Community Centre

Qi Gong 1.15-2.15pm
Crystal House

Kempo 4.30pm - 5.30pm
Strathpeffer Community Centre

Rainbows 4.45pm - 5.45pm
Strathpeffer Community Centre

Brownies 6pm - 7.15pm
Strathpeffer Community Centre

Guides 7.30pm - 8.45pm
Strathpeffer Community Centre

Tuesdays

Under 5s 9.30am - 11.30am
Supervised sessions - contact Kate on
07808079054 for more information
Strathpeffer Community Centre

Yoga 12.30pm - 2.00pm
Strathpeffer Community Centre

Pilates 7.30pm - 8.30pm
Strathpeffer Community Centre

Strathpeffer Pipe Band Practice 7.30-9.30pm
Strathpeffer Community Centre

Wednesdays

Blethers Community Cafe, first Wed of every
month (term time only) - all welcome - tea,
coffee, bacon rolls, home baking etc.
Strathpeffer Community Centre

Bumps, Babies & Toddlers 9.30am - 11.00am
Strathpeffer Community Centre

Strathpeffer Bowling Club, 7pm - 8.30pm
Strathpeffer Community Centre

Strathpeffer & Dingwall Tennis Club
6pm - 9pm, Strathpeffer Tennis Courts

Yoga 7.30pm - 9.00pm
Strathpeffer Community Centre

Shimmy - Beginners fun belly dance
6pm - 7pm, Crystal House

Thursdays

Walking Group 9.45am
Strathpeffer Community Centre

Pilates, 10.30am
Strathpeffer Community Centre

Slimming World, 5.30pm - 6.30pm and
7.30pm - 8.30pm
Strathpeffer Community Centre

New Adventure Sports for Kids, 6pm - 7pm
Strathpeffer Community Centre

Craft and Craic 7pm - 9pm
Strathpeffer Community Centre

Tap dancing 8.00pm - 9.00pm
Strathpeffer Community Centre

Fridays

Under 5s 9.30am - 11.30am
Strathpeffer Community Centre

Monday—Friday

Out of School Club 3-6pm
Strathpeffer Community Centre

Sundays

Strathpeffer & Dingwall Tennis Club
10am-1pm, Strathpeffer Tennis Courts

2nd Sunday of each Month - Singing Bowl
Relaxation, 1-2.30pm, Crystal House

Coming up at the Pavilion

STRATHPEFFER

Hansel & Gretel's
WACKY PANTOMIME

6-7
DEC

11
DEC

CHRISTMAS CAROL
BIG SING

MÀNRRAN

29
DEC

HOGMANAY!

FT. THE CAT'S BACK
CEILIDH BAND

31
DEC

THE
**CIRCUS OF
HORRORS**

11
FEB

25
JAN

BURN'S NIGHT
Murder Mystery

MALLORY
BEYOND EVEREST

20
MAR

27
MAY

**HOOLEY IN
THE HIGHLANDS**



Looking for an ideal Christmas gift?

Buy tickets 01997 420 124 or online
strathpefferpavilion.org/whats-on