



FREE NEWSLETTER

Your free guide to everything that is happening in and around Strathpeffer



Remembering the Strathpeffer Area

This joint project between Strathpeffer Community Centre and ARCH is now drawing to a close but over the past 6 months we have engaged with over 180 people drawing on their memories, photos and documents from the area covering Strathpeffer, Jamestown and the Heights. Everyone has had a fantastic time and we have preserved some memories which otherwise would be lost forever.

Contact The Strath Times

You can contact us by e-mailing strathtimes@strathpeffervillage.org.uk or telephone Iona Finlayson or Iain Sarjeant on **01997 420012** for editorial contributions Contact Clara Hickey on **01997 421989** for advertising.

Deadline for the February/March Issue is **Tuesday 12th January 2016**

Advertising rates

Single issue	Full page £70	1/2 page £40
	1/4 page £25	1/8 page £15



Christmas Services in Strathpeffer

CHURCH OF SCOTLAND

Strathpeffer

- **December 20: 11.00am** Joint Linkage Family Service (Rev. F. Erasmus)
- **December 24: 7.00pm** Family Service (Minister: Rev. F. Erasmus)

Kinlochluichart

- **December 24: 4.00pm** (Rev. F. Erasmus)

Contin

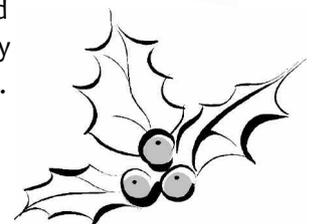
- **December 24: 11.15pm** Watchnight Service (Rev. F. Erasmus)
- **December 27: 11.00am** Joint Linkage Communion Service (Rev. F. Erasmus)

As always, all will be made most welcome.

EPISCOPAL CHURCH OF ST ANNE'S, STRATHPEFFER

- **December 20: 3.30pm** Carol service
- **December 25: 10am** Family Eucharist

Pupils from P7 primary school were also involved in the project looking specifically at what happened in Strathpeffer during WWII. We now have a new heritage walking leaflet for the village, a display which will be on show at the Pump Room and a selection of short fictional stories published in a booklet based on facts from the area. We will also be submitting over 500 records to the Highland Historic Environment Record (HER) (website: her.highland.gov.uk) and Scottish Canmore heritage database (www.canmore.org.uk). Both Susan and Clara would like to thank the community who helped make this project a success.



The Path Continues...

A lot of work has happened over the past two months. The old railway line has now been cleared of bushes and overgrowth along another section of the line. A number of people have already walked along this route and the feedback has been great.

We had around 13 volunteers strimming at the start of November and we are planning on another couple of hours of clearing things back on Sat 5th December between 10am -12noon. This time it's Drainage Work so bring a spade, pick axe, gloves and meet at the sewage works appropriately dressed.

We have also got a core group of 6 people who have just applied to OSCR to become trustees for a new charity. Our new name is now The Peffery Way. We have also applied for some funding towards gates and fences to the CO-OP and we have successfully got through to the next round. To help our cause benefit as much as possible, please vote by visiting www.co-oplocalfund.co.uk from 16th November. It's easy for non-members to join by visiting this site: <https://www.secure.membership.coop/NewMember.aspx>. How much money we receive is now up to how the co-op members vote. Voting closes at 5pm on 11th December.

We are also planning a community walk on Sat 2nd January 2016 starting at 11am at the Old Railway Station. We should be out for about 1 hour and there will be mulled wine and nibbles for sale back at the Station. A great way to blow the cobwebs away and start the New Year with a fundraising walk.

For further details look at our website <http://pefferywayassociation.scot/>. Or check out our Facebook page The Peffery Way.



Winter local food deliveries and Christmas orders

Pork pies, dry cured hams, Brussels sprouts, potatoes, carrots, sausages, pesto, eggs, jam.....all grown on our family croft at Knockfarrel

Our fortnightly delivery service of home grown organic vegetables and pork continues throughout the winter - spaces still available for local customers.

We are also taking one-off Christmas orders for our veg, hams and pork pies.

See our website for a full list of produce available.
Please place your Christmas order by Monday 14 December 2015.

Spaces now available for our fortnightly deliveries

Details on www.knockfarrel.com

Or contact Jo Hunt:
info@knockfarrel.com

T: 07990 524280



New Adult Learning Courses for the Community

A new set of courses have been organised to run over the next 5 months. Held at Strathpeffer Community Centre the courses are subsidised by funding from Highlife Highland. There is something for everyone, Confident Speaking to Basket Weaving, Making the most of your Polytunnel to Emergency First Aid at Work. Look out for the leaflet or contact Clara at the Community Centre to find out further details and learn some new skills to impress your family, friends or gain a new skill to improve your career prospects.

New Courses for Strathpeffer

Dates	Title	Cost
Dec 2015	Emergency First Aid at Work	£30
Thurs 28 Jan 2016	Confident Speaking	£30
Weds 17 Feb 2016	Advanced Social Media for charities and small businesses	£30
Sat 23 Jan 2016	Soft furnishing	£30
Feb 2016	Basket Weaving	£30
Starts end of Jan 2016	Employability	No charge
Sat 16 Jan 2016	Grow your own food in a poly tunnel or greenhouse part 1	£30
Sat 19 Mar 2016	Grow your own food in a poly tunnel or greenhouse part 2	£30
March 2016	Gardening in Spring	£15
Feb 2016	Felting	£30
Feb 2016	Dealing with Difficult Conversations	£30

Our short courses are a great way to have fun, learn a new skill & meet people.

We are here to help and support you.

To book or get further information contact:
Strathpeffer Community Centre
School Road, Strathpeffer
Ross-shire, IV14 9AG
Tel: 01997 421989
Email: info@strathpeffercommunitycentre.org.uk
www.strathpeffercommunitycentre.org.uk



Green Kite

TRADING

A range of Fair Trade and locally produced gifts, crafts, food, clothes and more – LOTS OF NEW STOCK FOR CHRISTMAS!

Open: December Tues-Sat 10am to 5pm
Sunday 12pm-4pm
Closed during January



Victorian Station, Strathpeffer
Tel 01997 420074
info@greenkite.co.uk
www.greenkite.co.uk



K. WALLACE

TREE & GARDEN SERVICES



Tree Felling, Pruning, and Trimming
Grass Cutting, Strimming, Brushcutting
Hedge Cutting
Garden Clearance
Weed Spraying
Leaf Clearance
Tree and Hedge Planting

Covering Ross-shire

Telephone Kyle on 07725 513540

Home: 01997 423243



PILATES CLASSES

Karen will be continuing Pilates on Thursdays in January.

Strathpeffer Community Centre
Thursdays 10.30 – 11.30am
Dingwall Community Centre
Thursdays 12.30 – 1.30pm

The next block of classes will run from the 7th January 2016 and a block of 6 weeks costs £48.

Please contact Karen if you are interested
in starting tel: 07795465540, email Karen_powell_pilates@yahoo.co.uk

Find me on Facebook under **Karen Powell's Highland Pilates and Nordic Walking**

www.karenpowellpilates.com

WWW.KEMPO.CO.UK

Tel: 0845 838 5156



KEMPO FOR KIDS (7YRS+) & TEENS

The Martial Art of Kempo is not just about youngsters learning Self-Defence.

We also teach fitness, discipline, anti-bullying skills, respect and confidence!

**STRATHPEFFER COMMUNITY CENTRE, MONDAYS,
4.30PM – 5.30PM**

Come along for a free trial lesson with Black Belt Instructors!

MUSEUM COFFEE SHOP

Homemade meals and baking served all day

Breakfasts

Light meals

Hot filled rolls

Delicious Soup

Cakes & Traybakes

Snacks



Winter opening hours: Thursday to Sunday,
10am - 4pm

From Monday 14 Dec open most days over festive period

Please phone to check

Closed 31st Dec, reopens Thursday 4 February 2016

Book now for your Christmas Lunch or Dinner

Old Victorian Station, Strathpeffer
Telephone 07759 690 459

Come & relax in the setting of the Victorian railway station!

COME CHRISTMAS SHOPPING

at
THE PUMP ROOM
STRATHPEFFER



The Real Sweets & Gift Company

GALLERY & GIFTSHOP

OLD FASHIONED STYLE SWEETSHOP

PERFECT CHRISTMAS GIFTS FOR EVERYONE
SOMETHING FOR EVERY BUDGET

Winter Opening Hours

Wednesday 10 - 5

Thursday* 11 - 5

Friday 2 - 5

Saturday 11 - 5

Sunday 1 - 4

*Late Night Shopping

Open every Thursday till 6.30
from 3rd, 10th and 17th December



Shop Local
Support your small
Independent Shops

Easy, Free Parking
Wheelchair friendly
Dog friendly



For enquiries contact us at: realsweets@mc.com
or via Facebook/Twitter

Major Debit/Credit
Cards accepted



The Pavilion needs you!

Do you have accountancy or finance skills and want to help your local community on a voluntary basis? There are current vacancies on the boards of both Strathpeffer Pavilion Association, the charitable trust that runs the Pavilion, and Strathpeffer Pavilion Limited, the subsidiary company that operates the commercial elements of the Pavilion's business. We are especially interested in help on financial management and governance issues. If you are interested and feel that you have the necessary skills to help then please contact Yvonne Potter at the Pavilion:

Tel: 01997 420124 / info@strathpefferpavilion.org

Winter Ball

On Friday 4th December, Strathpeffer Under 5s have organised a delightful fundraising Ball at the Pavilion. Tickets cost £25 and include a 2 course meal with live music from RANT. This is for adults only, so look out your glad rags & party shoes and come along. Tickets from Under 5s - contact Dionne Henderson on 07500113139 or email dionnehenderson@hotmail.co.uk



Log Splitter and operator for hire
Mobile firewood production
Fast, powerful machine
Splits wood with ease
Hourly rates
Covering Ross-Shire

See the machine in action at www.kwfirewood.co.uk
Or call 07725 513540



 **ALDER HOLLY LTD**

Members of the Scottish First Aid Association & Institute For Outdoor Learning

New Course Evening Class 2016

Emergency Outdoor First Aid Including Children and Dogs

Thursdays 07, 14, 21, 28 Jan 6.15 PM until 9.00 PM @ £60, Strathpeffer

Certificate of Attendance from SQA Accredited Awarding Body ITC

Includes Scene Safety, how to check and record vital signs, ABCDE Incident Management, treatment for collapse, illness, CPR, drowning, choking, blood loss, shock, outdoor injury, burns & poisons, heat and cold disorders. Where relevant techniques for children and dogs will be covered. Includes practical exercises in outdoor clothing and will involve going outside. First aid kit contents also covered, including what can be used on dogs from human kit.

This course is based on the ITC SCQF Level 5 Outdoor qualification and Level 3 Ofqual Paediatric Award. Also contains content from the new 'Emergency First Aid for Dogs and Dog Owners' course certificated by ITC.

To book or enquire: Mob 0782 444 9011 Email, alderhollytd@yahoo.co.uk
Alder Holly Ltd (Company 5606985).
An Accredited and Regulated ITC Training Centre Delivering Regulated First Aid Courses
www.alderhollytd.co.uk

EMBRACE

CHRISTMAS

LOVELY THINGS! LOVELY GIFTS!
LOTS OF NEW STOCK AND OLD FAVOURITES.
WILDERNESS AT HEART DIFFUSERS, SOAPS AND CANDLES.
ORGANIC BEAUTY PRODUCTS FOR SKIN AND HAIR.
WEST OF SCOTLAND SOAPS, ISLE OF SKYE CANDLES.
BEAUTIFUL SCARVES WITH STAGS, SPOTS, DOTS, SPARKLES.
SEA GLASS & SILVER JEWELLERY. PORCELAIN HEART BUTTONS.
STUNNING ITALIAN LEATHER PENCIL CASES, PURSES AND BAGS.
BEAUTIFUL HANDCRAFTED PORCELAIN CANDLE HOLDERS.
HIGHLAND SHORTBREAD, JAMS AND DESIGNER TABLEWARE.
ORIGINAL ARTWORKS, CHRISTMAS CARDS AND SO MUCH MORE!

VISIT US AT THE OLD STATION, STRATHPEFFER. OPEN EVERY DAY
FROM 9TH DECEMBER UNTIL CHRISTMAS EVE FROM 10AM TILL 5PM.

WWW.FACEBOOK.COM/EMBRACEGIFTS TEL: 01997 421133



The Square · Strathpeffer
IV14 9DW
01997 421000
www.squarewheels.biz

Over 150 Bikes in Stock



Wishing you all a fantastic Festive Season and a Happy New Year from Susannah & Stuart and all of the staff here at Coul House.

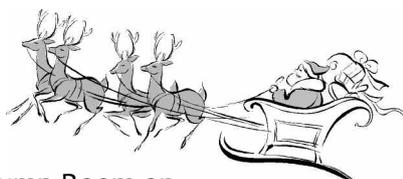
Please note the hotel will be closing December 20th, re-opening December 27th. We then host our annual Hogmanay House Party so we will be closed again to non-residents December 30th for three days. January 2nd normal services will resume.

Afternoon Tea	11 am – 5 pm
Lunch	12 noon – 2.30 pm
Dinner	6.30 pm – 9.30 pm
Soup & Sandwiches	11 am – 10 pm



Coul House Hotel - In The Hills Above Contin - 01997 421487
www.coulhouse.com (only 5 minutes drive from Strathpeffer)

Santa in Strathpeffer!



Santa will be making his annual visit to the Pump Room on Wednesday 16th December at 6.30pm. He will be arriving on his sleigh and bringing some goodies to hand out to the children.

There will be the usual mulled wine and mince pies for parents along with Carol Singing which everyone can join in. This year could we ask for a donation towards buying the refreshments and goodies as our funds are somewhat low. There will be a chance to view the static exhibition and buy some Christmas presents from the Real Sweets and Gift Company.

This is an event organised by volunteers from the village and the Rotary Club, so please support your local community and get into the festive spirit at the same time. If anyone would like to help serve the mulled wine or mince pies etc, please contact Clara at the Community Centre.

Remember to check the village website
www.strathpeffer.org
For all your news and what's on in the area



Marion Taylor Mcfhp Mafhp Foot Health Professional Practitioner

Corns, callus and hard skin removal
Verruca treatment
Rheumatoid and diabetic specialist foot treatment
Nail trimming and nail reducing
Split nail and heel fissure treatment

**HOME APPOINTMENTS
DAY, EVENING OR WEEKENDS
PROFESSIONAL TREATMENT ASSURED**
01997 414355 . Mobile: 0788 0773342
Email: strathmore7@btinternet.com

Emergency First Aid for Dogs and Dog Owners

An evening course covering first aid techniques on dogs.

Why Dog First Aid? Because unlike other pets, dogs travel with us pretty much everywhere we go. Incidents away from home, walking in the countryside, road traffic incidents may need immediate action prior to getting to a vet. The vet ambulance does not come to you!

Course includes Emergency First Aid for Dogs manual written by vets.

Fridays 6.15 to 9.15 PM @ £35 per person

Includes: Weekly health checks, managing an incident, checking vital signs, deciding to call a vet, CPR, drowning, choking, bleeding, injuries incl dog bite and shock. Restraints, carries and transportation. First aid kits. Common medical conditions, poisons.

Block and Group Bookings possible at your venue.

Tues 08 Dec AIness, Wed 16 Dec Strathpeffer, Tues 26 Jan Strathpeffer, Tues 16 Feb Dingwall

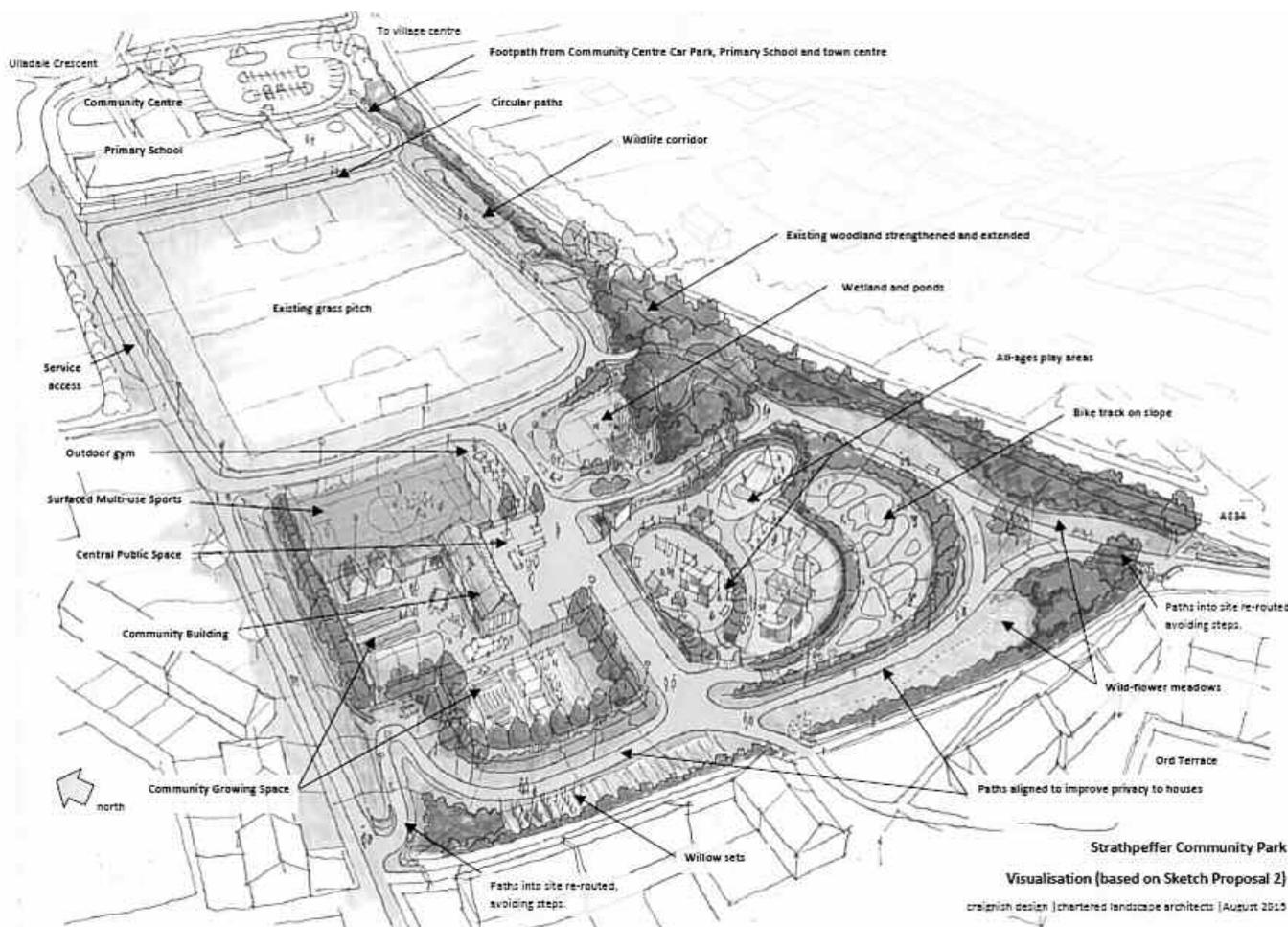
To book call 0782 444 9011 or email alderhollytd@yahoo.co.uk,
Alder Holly Ltd (Company 5606985)

An Accredited and Regulated ITC Training Centre delivering SCQF Regulated First Aid courses
(First Aid at Work, Outdoor & Sport First Aid) www.Alderholly.co.uk



Community Park News

It seems a very long time ago since Strathpeffer Residents Association was formed in 2012. In the three years since then SRA got the £10,000 grant from the Big Lottery, Investing in Ideas fund to do a feasibility study for what we thought would be a Community Garden.



A massive milestone in the project has been reached. The feasibility study about it was completed at the end of September. At the beginning of October SRA held a Show Case meeting in the Community Centre when it was announced that the study showed that it was possible to make the garden! A number of Highland Council Officials and Councillors as well as members of the public attended the meeting. As a result of the feasibility study we now have a plan for something much grander than a garden – more a park with, we hope, something which will appeal to everyone in the community. There is a presentation available on our Facebook page – Strathpeffer Resident's Association, which shows the highlights of the feasibility study.

This is a visualisation of how the park could look, based on the design which got the most number of votes at the Open Day in November, 2014. It looks absolutely brilliant! It won't come cheap but what is planned will be of high quality and will be of

immeasurable value to the community. It is anticipated that the project will attract grant funding.

The next three steps for the project are

- SRA applies for charitable status and once a charity will need a board of trustees. SRA are looking for volunteers to join them on the committee or to be a trustee.
- Getting control of the land for the Community Park from Highland Council
- Applying for grants

If you or anyone you know would like to get involved in this exciting project please get in touch by email: strathresidents@hotmail.co.uk or leave a note at the Community Centre.

You can find out more about the Community Park on our website: sra.strathpeffer.eu or on our Facebook page. The next meeting is on Wednesday 9th December at 7.30pm at the Community Centre. Everyone welcome to attend.

Diary of events for December 2015 & January 2016

December 2015

Wednesday 2nd, 5-8pm
NHS Blood Donation
Strathpeffer Pavilion

Friday 4th, 7-30pm
Winter Ball
Strathpeffer Pavilion

Sunday 6th, 4-6pm
Christmas Carol Big Sing
Strathpeffer Pavilion

Tuesday 8th: 10.30am and 7.30pm
Robin Hood: Christmas Pantomime
Strathpeffer Pavilion

Wednesday 9th: 10.30am
Robin Hood: Christmas Pantomime
Strathpeffer Pavilion

Wednesday 9th, 7.30pm
Strathpeffer Residents Association meeting
Strathpeffer Community Centre

Friday 11th, 8.30pm
John McNicholl, live music
Strathpeffer Pavilion

Wednesday 16th, 8pm
Movie Night
Strathpeffer Pavilion

Wednesday 16th, 6.30pm
Santa visits Strathpeffer! - see article for info
The Pump Room, Strathpeffer

Thursday 17th
School Nativity Play
Strathpeffer Primary School

Friday 18th & Saturday 19th, 7.30pm
Del Boy & Rodney: Comedy Dinner Show
Strathpeffer Pavilion

Sunday 20th, 11am
Joint linkage Family Service
Church of Scotland, Strathpeffer

Sunday 20th, 3.30pm
Carol Service
Episcopal Church of St Anne's, Strathpeffer

Thursday 24th, 7pm
Christmas Eve Family Service - All welcome
Church of Scotland, Strathpeffer

Friday 25th, 10am
Family Eucharist
Episcopal Church of St Anne's, Strathpeffer

Thursday 31st, 8pm
Hogmanay Ceilidh
Strathpeffer Pavilion

January 2016

Saturday 2nd, 11am
Community Walk
Starting at the Victorian Station

Saturday 2nd, 8pm
The Stephen Smyth Band, live music
Strathpeffer Pavilion

Sunday 3rd
Winter Wedding Fair
Strathpeffer Pavilion

Saturday 9th, 12noon-2pm
Soup Lunch
Church of Scotland Church Hall, Strathpeffer

Wednesday 13th, 8pm
Movie Night
Strathpeffer Pavilion

Sunday 24th
Strathpuffer
Village Event

Monday 25th
Burn's Night
Strathpeffer Pavilion

To book events at the Strathpeffer Community Centre please phone 01997 421989

Regular events

Please bear in mind that **some activities stop over the school holidays.**

Mondays

Hung Ga Kung Fu 12.15-1.15pm
Crystal House

Jog Scotland 12.30pm
Strathpeffer Community Centre

Qi Gong 1.15-2-15pm
Crystal House

Kempo 4.30pm - 5.30pm
Strathpeffer Community Centre

Rainbows 4.45pm - 5.45pm
Strathpeffer Community Centre

Brownies 6pm - 7.15pm
Strathpeffer Community Centre

Guides 7.30pm - 8.45pm
Strathpeffer Community Centre

Fitness Session 7.30-8.30pm
Strathpeffer Community Centre

Tuesdays

Under 5s 9.30am - 11.30am
Supervised sessions - contact Kate on
07808079054 for more information
Strathpeffer Community Centre

Yoga 12.30pm - 2.00pm
Strathpeffer Community Centre

Strathpeffer Pipe Band Practice 7.30-9.30pm
Strathpeffer Community Centre

Wednesdays

Blethers Community Cafe, first Wed of every
month (term time only) - all welcome - tea,

coffee, bacon rolls, home baking etc.
Strathpeffer Community Centre

Bumps, Babies & Toddlers 9.30am - 11.00am
Strathpeffer Community Centre

Strathpeffer Bowling Club, 7pm - 8.30pm
Strathpeffer Community Centre

Tennis 6pm - 9pm
Strathpeffer Tennis Courts

Yoga 7.30pm - 9.00pm
Strathpeffer Community Centre

Shimmy - Beginners fun belly dance
6pm - 7pm, Crystal House

Thursdays

Walking Group 9.45am
Strathpeffer Community Centre

Pilates, 10.30am
Strathpeffer Community Centre

Craft and Craic 7pm - 9pm
Strathpeffer Community Centre

Tap dancing 8.00pm - 9.00pm
Strathpeffer Community Centre

Fridays

Under 5s 9.30am - 11.30am
Strathpeffer Community Centre

Strathpeffer Singers 10 - 12am
Goods Shed at the station
(ring Sally to check venue 01997 423209)

Monday—Friday

Out of School Club 3-6pm
Strathpeffer Community Centre

Sundays

Tennis 10am-1pm
Strathpeffer Tennis Courts

2nd Sunday of each Month - Singing Bowl
Relaxation, 1-2.30pm, Crystal House

Our Community Council

Unfortunately, Strathpeffer no longer has a community council due to a lack of nominations. However, we do get a second chance as nominations open 20th Jan - 3rd Feb. Anyone aged 16 or over can apply, see the Highland Council website for details. This is your chance to have a say over the future of your village.

Pavilion

VENUE, BAR & EATERY

WINTER EVENTS

8/9
DEC
PANTOMIME

CAROL BIG SING
6
DEC

FESTIVE

FOOD & DRINK

GINGERBREAD LATTE

HOGMANAY

31
DEC
CEILIDH

Keep up to date
with all that's going
on at the pavilion
with social media.

Just search:
StrathPavilion



Christmas
3-Course menu
just £22.50
Available all day
1st-24th Dec

Dec

Wed	2	NHS Blood Donation 5pm-8pm
Sun	6	Christmas Carol Big Sing 4pm-6pm
Tue-Wed	8-9	Robin Hood Pantomime 10:30am (+7:30pm Tues)
Fri	11	John McNicol 8:30pm
Wed	16	Movie Night 8pm
Fri-Sat	18-19	Del Boy & Rodney: Comedy Dinner Show 7:30pm
Thu	31	Hogmanay Ceilidh 8pm

Jan

Sat	2	The Stephen Smyth Band 8pm
Sun	3	Winter Wedding Fair
Wed	13	Movie Night 8pm
Sun	24	Strathpuffer - Village Event
Mon	25	Burn's Night

Feb

Sun	7	Guinness Record Pub Quiz
Wed	10	Movie Night 8pm
Sat	13	Valentines Masquerade Ball
Sat	27	Scottish Opera Highlights 7:30pm

Keep an eye online for new acts to
be announced in the run up to next year!

2015
2016

Box Office 01997 420124
strathpefferpavilion.org